

ELDERSHIP TEAM

Rev Paul Parks
Jan Acton
Pete Acton
Lynne Clayton
Lois Parks
Karen Walker
Kim Warren
Nick Warren

CHURCH WARDENS

Lynne Clayton
Simon Jones

PARISH ADMINISTRATOR & HALL BOOKINGS

Lois Parks (754290) sthelensoffice@gmail.com

Church office is now closed and will re-open on Thursday 2nd May.

VERGER

Chris Potter

SAFEGUARDING OFFICER

Nick Warren (07942 880858) sthelenscpo@gmail.com

HOUSEGROUP CO-ORDINATOR

Rev Paul Parks

PCC MEMBERSHIP

Paul Parks, Roger Mitchell, Tony Calton, Ray Keene, Sara Hackett, Lynne Clayton, John Geater, Chris Potter, David Walker, Lynn White, Julian Anderson, Jenny Pascoe, Jason Morton, Dick Short, Kim Warren

Collect

Almighty Father, you have given your only Son to die for our sins and to rise again for our justification: grant us so to put away the leaven of malice and wickedness that we may always serve you in pureness of living and truth; through the merits of your Son Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Information

Fellowship News is now being sent out by email to everyone who has given consent under GDPR. If you do not wish to receive Fellowship News by email then please let Lois know. Thank you.

Fellowship News

Welcome to everyone

If this is your first time with us, or you are visiting today, then a very special welcome to you: we hope you have a great time with us. Please do make yourself known to one of the welcoming or leadership team, who will be able to tell you more about life at St Helens and St Barnabas. Refreshments are served after both services; in church at St Barnabas, and in the church hall at St Helens. Please do join us!

At St Helens, children start their worship with us in church, and then go to the church hall for their various groups.

Keep in Touch

For more information on the life of our church and the various activities to get involved with:



www.sthelens-ore.org.uk



sthelensoffice@gmail.com



01424 754290

TODAY

9.00am at St Barnabas
10.30am at St Helens

Today in our service of Holy Communion our theme is 'We have seen Jesus' and our reading is John 20: 19—31 (Page 1089)

5th May

9.00am at St Barnabas
10.30am at St Helens

Next week, in our service of Morning Worship we will be starting a 4 week study on the book of Philippians and our reading will be Philippians Chapter 1 (Page 1178)

Kids Church

Little Saints (Reception to Year 4) meets in the hall. RS1 (Year 5 upwards) meets in the upstairs room in Church House Crèche (0—3) meets in the hall. At present this is an unsupervised crèche so children need to be accompanied.

Our Mission Statement

Our vision is to be a healing community, loving like Jesus; growing His Kingdom in our families, church life, town, nation and world.

Weekly Diary

Monday 29th	7.30pm	St Helen's Hall	APCM
Tuesday 30th	10.00am	St Barnabas	Art Group
May			
Wednesday 1st	9.30am	St Helen's Hall	Happy Hands
	9.30am—12.30pm	Church House	Prayer Room Open
	1.45pm	St Barnabas	CAMEO (Quiz & Table Sale)
Thursday 2nd	7.30pm	St Helen	Worship Team Practice
Friday 3rd	6.30pm	St Helen's Hall	Youth Group
Saturday 4th	10am—12 Noon	St Barnabas	Gardening Morning

Notices

FELLOWSHIP NEWS ITEMS DEADLINE: 6PM WEDNESDAY

PRAYER MINISTRY is offered at the end of the service at St Helen's Church each Sunday. To arrange prayer during the week please contact:

Leader: Lynn White

Organiser: June Potter

PRAYER IN CHURCH HOUSE Prayer for the service at St Helens takes place in Church House from 10am each Sunday. All welcome!

HAPPY HANDS BABY & TODDLER GROUP on Wednesday mornings during term time in St Helen's Hall. Tea/Coffee served from 9.30am. All welcome!

PRAYER ROOM OPEN EVERY WEDNESDAY! The former creche room in Church House is open as a prayer room between 9.30am and 12.30pm each Wednesday. Colossians 4:2 'Devote yourselves to prayer...'

STAMPS & BIBLES Cynthia Care is collecting used stamps for the Bible Society. Any used stamps, British or foreign received at church. Thank you.

SAVE THE DATES! Shared lunch in St Helen's Hall after the morning service on **Sunday 12th May** to celebrate Richard Keep's 60th! Please let Anja know if you are planning to be there AND Church BBQ after Sunday services on **Sunday 14th July 2019**.

BIBLE BY THE BEACH 2019—3rd to 6th May 2019, Congress Theatre, Eastbourne. The theme is AMAZED—Sin, Grace and an Amazing God! See www.biblebythebeach.org for more information and booking details.

ANNUAL PAROCHIAL CHURCH MEETING & VESTRY MEETING—The Vestry Meeting & APCM will take place in St Helen's Church Hall on **Monday 29th April** at **7.30pm** at which we will elect 2 Churchwardens (vestry meeting) and 3 members to the PCC. The minutes of last year's APCM are displayed at the back of each Church, and the paperwork for this year's APCM has been sent out to every person on the Electoral Roll. There will be 7 'packs' available on the night of the APCM. This is to comply with our environmental policy in minimising our use of paper. Thank you.

Notices

ART EXHIBITION & REFRESHMENTS The Art Group are holding an exhibition in aid of the LOAF project on **22nd June 2019** from 10am until 1pm at St Barnabas. Entry is free and there will be light refreshments on sale—you might even like to buy one of the pictures on display too!

CHURCH OFFICE—The Church Office is now closed and will re-open on Thursday 2nd May. If you need to speak with someone urgently, then please contact one of the Churchwardens. Thank you.

HASTINGS FOODBANK URGENTLY NEEDS: Rice, Tinned Fish, Tinned Veg, Pasta, Coffee, Tinned potatoes, Custard and Biscuits! Also needs: Tinned meat, Tinned Fruit, Toiletries (including sanitary products for ladies), Nappies, Family Sized boxes of cereal, UHT Milk (whole and semi-skimmed, not skimmed), Tea bags, Tinned tomatoes, Tinned spaghetti and Tinned rice pudding. Thank you!

LOAF PROJECT PRESENTS 'THE KYTES' - 18th May from 7—10pm at Sedlescombe Village Hall. A great local band playing music from the 50s to the 00s! Tickets are £15 and available from Richard Keep. All money raised goes to the Freedom 19 project.

SIDESPERSION NEEDED! Please could you speak with Lynne Clayton if you would like to be a Sidesperson on the 3rd Sunday of each month.

GARDEN TIDY UP 1: ST BARNABAS—There will be a gardening morning at St. Barnabas from 10am – 12 noon on Saturday 4th May. All help would be appreciated. Tea/coffee and biscuits available. Many thanks. Chris 719591

GARDEN TIDY UP 2: ST HELEN—There will be a garden tidy up morning at St Helen's on Saturday 11th May from 9.30am until 12 Noon. Please bring tools! Tea/Coffee and bacon butties will be provided! Please speak with Lynne C for more information and to confirm numbers.

AVOIDING FRAILITY IN OLDER AGE: Free Talk to help keep older people safe and healthy on **Thursday May 9th** in St Helens Church hall. Doors open at 6pm, Presentation 6.30pm—8.00pm. Free refreshments. The longer we live our lives, the more important it becomes to maintain our health, though increasingly difficult! Dr Elena Mucci, an award winning consultant geriatrician in the Conquest and Spire hospitals will be tackling a range of age related issues through a humorous and engaging talk. The main aim of the talk is to help keep the elderly out of hospital and to be their own doctor, offering basic tips and bringing new ideas to light. "Do I need all those medicines?" and "Keep control of your life!" Topics include how to prevent falls, how to avoid Vit D deficiency, incontinence and dementia. To learn more about Dr Elena Mucci and her work visit www.holisticservice.co.uk

FIRST SUNDAY WALK—Next Sunday, 5th May—Meet at Guestling Church at 2.30pm for a walk amongst the Bluebells!